

Short Report for the Months of December 2013

Activities taken up during the month of December 2013 are highlighted below-

Sl.No	Name of Activity	No. of Participants
1.	Dissemination of Compliance Survey to Section 4 of COTPA 2013 for Mizoram was conducted at I&PR Conference Hall for members of the Mizoram Journalist Association and civil society on 2 nd December 2013. This event was covered extensively in print and electronic media. The overall incidence of smoking in public places has gone down remarkably from 62% in 2009 to 18% in 2011 to 8% in 2013, which was much appreciated by the press as well as the general public.	60
2.	In collaboration with Mizoram State Cancer Institute “Cancer & Anti Tobacco Awareness Programme cum Screening Camp (PAPS Smear)” was conducted at State Referral Hospital, Falkawn for MHIP members on 5 th December 2013	150
3.	In collaboration with Doordarshan Kendra recording of Anti Tobacco Show (Voice of Tobacco Victims) was conducted on 6 th December 2013 which was telecast on 12 th December 2013 in Healthy India Programme. Positive feedbacks have been received from different sources about the programme.	
4.	Anti Tobacco Training Programme was conducted at Maubawk Tlangveng Presbyterian Church for members of youth fellowship on 7 th December 2013.	50
5.	State Nodal Officer cum Project Officer followed up matters related to FCRA Application for obtaining necessary permission to enable MSTCS to receive international funds etc. at Ministry of Home Affairs, New Delhi. Dr Jane R.Ralte met the concerned Under Secretary and after discussions fresh applications were submitted on 16 th December 2013. It may be recalled that we have not been able to receive any funds till date due to procedural delays at the level of the Central Ministry of Home Affairs. We are hopeful that permission will be given by MHA soon.	
6.	Anti Tobacco Training Programme was conducted on 14 th December 2013 at National Integration Camp, Nehru Yuva Kendra Sangatham where participants came from various parts of India	145
7.	<u>Anti Tobacco Squad:</u> Anti Tobacco Squad drives have been conducted regularly in all districts of the state. Report is attached separately.	
	Total	405

Pictures and Newspaper Clippings:



Dissemination of Compliance Survey



Dissemination of Compliance Survey



Training Programme at NYK



Training Programme at NYK



Awareness Programme at State Referral Hospital



Awareness Programme at State Referral Hospital



Recording for Anti Tobacco Show



Recording for Anti Tobacco Show



Awareness Program at Maubawk Tlang veng



Awareness Program at Maubawk Tlang veng

Awareness Camp on Cancer & Anti-Tobacco organised for villagers

AIZAWL, DEC 5

In a goodwill gesture concerning the well-being of the villagers in the vicinity of State Referral Hospital at Falkawn on the outskirts of the State capital, Mizoram State Tobacco Control Society (MSTCS) and Mizoram State Cancer Institute (MSCI) jointly organised Cancer & Anti-Tobacco Awareness Programme cum Screening Camp today. The Awareness programme cum screening camp was held at the premises of the Referral Hospital, located on the southern periphery of Aizawl city.

On the occasion of the Screening Camp, PAP SMEAR, a medical examination with a microscope to detect any abnormal cells of the uterine cervix and uterus, was conducted for the women of Falkawn and nearby villages.

Dr. Lalbiakkima, Director, Hospital & Medical Education, who graced the occasion as Chief Guest, also addressed the gathering on the day, presided over by Dr. K. Lalbiakzuala, Director, Mizoram State Cancer Institute.

Dr. Jeremy L. Pautu, MD, DM, Head of Department, Oncology, Mizoram State Cancer Institute also gave must-know instruction to the villagers on the topic "Necessary things to know about Cancer".

Besides, Dr. Jane R. Ralte, Dy. Medical Superintendent, State Referral Hospital, Falkawn cum State Nodal Officer, Mizoram State Tobacco Control Society also instructed the villagers on "Necessary things to know about Tobacco and related Products". The Screening Camp was held under the supervision of Dr. D. Baruah, Dr. Lalrintluanga, Dr. Lalrinfela and Dr. Hmingmawia, during which, private Doctors- Dr. D. Baruah and Dr. Lalrintluanga done Endoscopy @ Civil Hospital rate.

The villagers of Falkawn and nearby villages, who attended the Awareness programme cum Screening Camp in large number, found it very practically helpful, and expressed their thankfulness over the programme organizers, official source filing report on the programme said.

The Mizoram Post. 6 Dec. 2013

ni nghe nghe a ni.

Cancer awareness

Mizoram State Tobacco Control Society leh Mizoram State Cancer Institute tangkawp chuan naktuk khian 'Cancer and Anti Tobacco Awareness Programme cum Screening Camp' Referral Hospital, Falkawn ah an nei dawn. Khuallian ah Dr. Lalbiakkima, Director, HME a ni ang.

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4/12/13
Tobacco

*MZOA
Dec 6, 2013*

Chemical tha lo 7000
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Vol. XLIV Issue No. 282
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Phak hma

Meizuk phal lohna dan kenkawh leh Mizoram

AIZAWL: DECEMBER 3

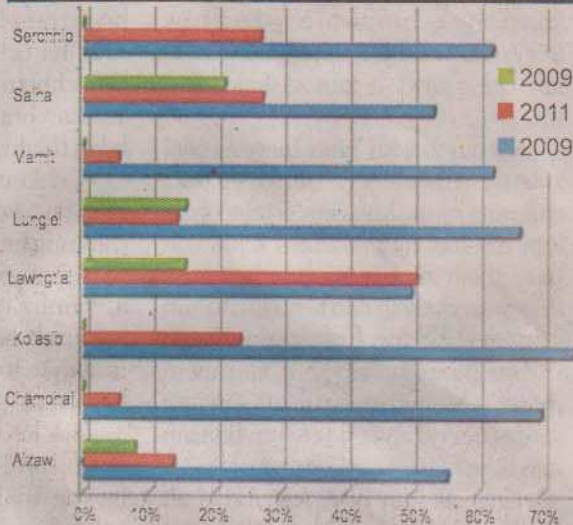
Meizuk phal lohna vantlang hmuna meizuk kum hnih chhungin 7.9 ah a tlahniam a, Mizoram dist 8 zinga 4 ah sec 4 COTPA dan 100% zawm a ni a, Aizawl leh chhimlam dist 4 ah an la zawm tha lo deuh.

Nimin khan Mizoram state tobacco control society (MSTCS) chuan I&PR auditorium-ah meizial leh vaihlo atanga siam chihrang hrang khapna dan cigarettes and other tobacco products (prohibition of advertisement and regulation of trade and commerce, production, supply, and distribution) act, 2003 (COTPA act, 2003) sec 4 in zawm a hlawn leh hlawn loh compliance study report thar ber 2013 a tlangzarch a, report-ah chuan Mizoram pumpuiah pui-punna hmuna mei zuk nasa takin a tlahniam a, kum 2009 survey hmasa berah vantlang hmuna meizu 61.7% a ni a, kum 2011 ah 18.2% niin kum-in 2013 ah chuan 7.9% a ni tawh.

District 4 - Champhai, Kolashib, Mamit leh Serchhip dist. ah COTPA danin a phal lohna pui-

Case danglam deuh chu Lawngtlai district ah kum 2009 ah Lawngtlai District chu pui-punna hmuna meizu tlemna ber a ni a, 50% a ni. Kum 2011 survey ah erawh meizu tamna ber 50.9% a ni leh lawi a

DISTRICT TIN VANTLANG HMUNA MEI ZU DINHMUN KHAIKHINNA



punna hmuna mei zu an awm tawh lo. Aizawl, Lawngtlai, Lunglei, Saihaah vantlang hmuna meizu an la tam deuh a. Aizawlah 7.9% a ni a, Lawngtlai 15.5% niin Lunglei 15.6% leh Saiha 21.5% a ni.

Public place ah meizu an la tam hle a, 2011 khan office ah 24% anih lain kuminah 10% a la ni a. Hotelah 19% chu

kuminah 11% a ni a, Hospital 9% chu kuminah 4% a ni a, Educational institution 9% chu kuminah 2% la awmin Hall leh Market ah hian a tlahniam em em a, 2011-a 34% chu 2013 ah chuan 5% ah a tla thla a ni. Henga tello vantlang hmuna meizuk phal lohna a meizu hi 2011 a 18% anih lain kuminah 2013 ah chuan 2% a ni.

PICTURENews



Puipunna hmuna meizûk a tlaniam sâwt

Mizoram State Tobacco Control Society (MSTCS) chuan, nimin khan I&PR conference hall-ah 'Press meet on dissemination of compliance survey on section 4 of COTPA 2003 for Mizoram' tih an buatsaih a; MSTCS state nodal officer, Dr Jane Ralte chuan, Mizoramah puipunna hmuna meizûk a tlem sawt hle tih a sawi.

Meeting hi Hospital & Medical Education director, Dr Lalbiakkima'n a kaihruai a; Dr Jane Ralte-in COTPA 2003 Section 4 chungchanga hmalakna leh a hlawhtlin dan zirchianna an neihte a tarlang a, sawihona hun hman a ni.

Dr Jane Ralte sawi danin, MSTCS-in puipunna hmuna meizial zuk dan dinhmun zirchianna kum 2009-ah hmun 93-ah an nei a, kum 2011-ah hmun 803-ah leh kum 2013-ah hmun 860-ah an nei.

Puipunna hmuna meizial zu zinga an man chu kum 2009-ah 61.7%, kum 2011-ah 18.2% leh kum 2013-ah 7.9% a ni.

Dr Jane Ralte chuan, puipunna hmuna

meizial zûk chu 'nil' ni thei se an duh tih a sawi rualin, 10% hnuaia a ni chu hmasawna a nih thu a sawi.

Mizoramah meizûk bansan 7-8% an awm a, India ram pumah 3-5% an awm. Tobacco clinic centre/service Aizawl Civil Hospital, Lunglei Civil Hospital leh Zemabawka MSTCS hmunahte a awm a ni.

COTPA Section 4-in a phût angin, puipunna hmuna 'No Smoking' chhinchhiahna târ a tam tial tial a; puipunna hmuna meizûk phal loh thu emaw, dan bawhchhiatna a nih thu tar chu kum 2009-ah 47.7%, kum 2011-ah 66.8% leh kum 2013-ah 88.3% a ni.

Dr Jane Ralte chuan, Mizote chu vaihlo kaihnhawih ti nasa ber hnam kan nih thu sawiin, "Tunah chuan nasa taka hmalakna avangin puipunna hmuna meizûk hi mipui nâwlpui pawhin thil mawi lo leh dan phal loh a ni tih an pawm tan tayh niin a lang," a ti.

Puipunna hmuna meizûk tam dan an tehna ber chu meizial bung an paih tam dan azir a nih thu Dr Jane Ralte chuan a sawi



a; zirchianna an neiha a lan danin, kum 2011-ah puipunna hmuna meizial bung paih chu 24.8% a ni a, kum 2013-ah 11%-a a tlanhiam a ni. Puipunna hmuna meizûk tamna ber ni mek chu hall leh market (34%) a ni a; zirna-in leh damdawi-inah chuan 9%-ah a tlanhiam tawh a; office, hotel leh restaurant-ahte tan lak a la ngai hle tih tarlan a ni.

Artistes perform on the second day of the Hornbill Festival at Naga heritage village

Module to end tobacco use

SMITA BHATTACHARYYA

Jorhat, Dec. 2: The vice-chancellor of Dibrugarh University, Alak Kumar Burahgohain, is considering the incorporation of a special teaching module as part of efforts to make the university tobacco-free in the long run.

Burahgohain told The Telegraph over phone that a multi-pronged strategy would have to be adopted in order to sustain a tobacco-free environment in the university, once implemented.

"There are three strategies that can be taken up. One, a credit course on hazards of tobacco use and other materials can be made part of the curriculum. Two, a sustained awareness campaign can be

launched. Finally, fines can be imposed and provisions of Cigarette and Other Tobacco Product Act, 2003 (COTPA) implemented within the statutory framework of the university," he said.

The campaigns will be in the forms of seminars, short films and other activities.

However, legal implementation will take time.

Dibrugarh University has adopted a course credit system in which the student has to take 85 course credits of one's own subject and 15 course credits of any other subject.

Bhaktimoy Bhattacharjee, the nodal officer of Jorhat district tobacco control cell, welcomed the initiative and said the vice-chancellor had sought

his help in implementing the campaign.

Arundhati Deka, the state tobacco cell control officer, also promised technical help in formulating the syllabus.

Jiten Hazarika, the professor of statistics, Dibrugarh University, in a study on employees of the North Eastern Coalfields, Coal India, Margherita showed that use of tobacco and its products had nothing to do with higher levels of education or lower levels of income. What was required was a sustained awareness campaign.

Bhattacharjee said principals of colleges and teachers of higher education institutes here recently evinced interest in finding ways to keep their institutes tobacco-free and in-

volve students in the campaign.

He added that teachers of the eight tobacco-free institutes declared in the district were working to free villages in the vicinity of the use of tobacco. Chitraklekha High School had succeeded in making 100 houses free of tobacco in the Soongi area of Titabar. Gorumara High School had taken up Gana Sakai village, Jorhat College (Amalgamated) the Hahnpuria village and Teok CKB Commerce College had taken up Jagdwar Gayan Gaon.

Other places in which the institutes were working are ward numbers six and 14 of Jorhat Municipal Board, Pengeria village and Teok's Nepali Xatra.

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...differently-abled individuals from Assam take part in Asia Pacific

a siam lova, a siam ngai duh a ni, a ti bawk.

Meizuk phallohna Dan kenkawh leh Mizoram

phek 1-na zawm...

Meizuk phal lohna dan kenkawh leh Mizoram 'No-smoking' signage tar pawhin hma a sawn a, Mizoram pumah kum 2011 ah 66.8% anih lain kuminah 88.3% a ni tawh a. COTPA danin signage tar tura a tih zawm pawh pung zelin kum 2011 a 84% chu 2013 ah chuan 97% a ni. Meizial bung hi kum 2011 zimnaah 24.8% a nih lain kuminah chuan 11% a ni tawh a, office ah tam berin 19% a ni a, Hotel-in a dawt a, Office vela meizukna hman-rua ashtay, nawalh etc. pawh hmuh tur a tlem sawt hle. Kum 2011 ah 8.3% anih lain kuminah chuan 4.6% ah a tlahniam a, Hotel ah a la tam lawt laka, kum 2011 a 21% anih lain kuminah 14% a la ni. Office in a la dawt a ni. Room/office chhunga meizial rim nam hi a hmain an la survey lo a, kuimina an tih thar a ni a, 8.9% a la awm. Meizial khu rim namna pawh hi office ah la tam berin hotel in a dawt a. Hotel ah hian district khawpui bakah kawngpui tlangdunga khualzin chawlh tamna khua amite survey ah hian telh a ni a, hei hian a percent a tih-san phah nia ngaih a ni. Case danglam deuh chu Lawngtlai district ah kum 2009 ah Lawngtlai District chu puipunna hmuna meizu tlemna ber a ni a, 50% a ni a, 2011 survey ah erawh chuan meizu tamna ber 50.9% a ni leh lawi a, District dang an tlakhniam hlui lai khan tlahniam ve lovin an ngai deuh reng a, hei hi Lawngtlai district ah hetiang lama hmalakna a that loh vang a ni a, hma an han la a, kuminah chuan 15.5% ah an tla thla dawh a ni. Meizuk bansan rate erawh chu civil hospital, Aizawl, Lunglei leh MSTCS Office Zemabawk atanga record danin 7-8% vel a ni a. Naticanl rate chu 3-5% a ni a, mahse Mizoramah hian meizial zu/vaihlo hmang an tam em avangin a bansan hi a lang tam lo niin an sawi. Sawihonaah office a meizial la zu te, officer lal tak meizial la zu tlat te, hma hruiatu ni tura ngaih doctor zinga meizial zu la awm tlat mai te, Ukil te chet tlatna vela meizial zu hmuh tur la awm thinte sawilan a ni a. Survey hui kum 2009 ah hmun 193 ah, 2011 ah hmun 803 ah, kum 2013 ah hmun 860 an neih a ni. Compliance Study Report tlangzarhna hi Dr. Lalbiakkima, Director, Hospital & Medical Education chuan kaihruaiin Dr. Jane Ralte, State Nodal Officer-cum-Project Officer, Mizoram State Tobacco Control Society chuan power point presentation hmangin report a tlangzarh a. He hunah huan MJA member te, Indian Society on Tobacco & Health, Mizoram Chapter hruiatute leh Health deptt. official te an tel a ni.

once more.

COMPLIANCE STUDY Section 4 Of COPTA, 2013

AIZAWL, DEC 2

Mizoram State Tobacco Control Society (MSTCS) today convened a function which highlighted their discovery according to the study of Section 4 of The Cigarettes & Other Tobacco Products Act, 2003 in I&PR Conference Hall today. The programme was presided over by Dr. Lalbiakkima, Director, Hospital & Medical Education and Dr. Jane Ralte, State Nodal Officer highlighted a report based on its investigation of compliance of Section 4 of the Cigarettes and other Tobacco Products (Prohibition of advertisement and regulation of trade and commerce, production, supply and distribution) Act, 2013. This section deals specifically with prohibition of smoking in all public places. This is a third study of its kind. The first on was conducted in 2009 and the second in 2011. Significant progress has been achieved towards attaining smoke-free public places. According to the report, in May and June, 2013, a total of 860 public places were visited in the 8 district headquarters of Mizoram (Aizawl, Mamit, Serchhip, Champhai, Kolasib, Lunglei, Saiha and Lawngtlai). Three investigators were engaged in the observational survey where public places, broadly classified as offices, educational institutions, hospitals, restaurants/hotels, halls/markets and other were investigated for 6 variables - presence of smoke-free signage, whether the signage present complies with the specifications of COPTA, active smoking presence of cigarette/zozial (local cigarette)/bidi butts, presence of ashtrays, matches or lighters and smell of cigarettes/bidi indoors.

Mizoram Post
3/12/13

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10 SMOKER NABBED 13th Dec 2013

AIZAWL, DEC 12: On a surprise Anti Tobacco squad drive on visiting various offices, Public Transportation(Taxi, Maxi Cab etc) in which 10 smoker nabbed and were fined accordingly.

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12th Dec 2013 Aizawl

TUALCHH

Mei Zu 34 Man

Nimin khan Aizawl District Anti Tobacco Squad te chuan Chanmari atanga Electric Veng pheih leh New Market-ah te dan bawhchhia an awm leh awm loh an enfiah. Public transport (taxi etc) leh puipunna hmun meizuk phallohna hmun a meizu mi 34 manin pawisa an chawitir a ni.

✓

Anti smoking drive

Anti-Tobacco Squad of Aizawl district continued anti-smoking drive at different offices and public transport like taxis and maxicabs on December 12 at different parts of Aizawl. The team caught 10 persons smoking in such public places fined them.

13th Dec 2013

ATS SQUAD DRIVE

Mizoram Post

AIZAWL, DEC 11: Aizawl District Anti Tobacco Squad (ATS) today had a squad drive to inspect those who violates the rules of COPTA on the street Chanmari to Electric veng and New Market. As many as 34 smokers in Taxi, public places etc. are seized by ATS today fined the some of money.

13th Dec 2013

Vantlang lirthia meizu man chawitir. Nimin khan anti tobacco ten squad drive neiin office bakah public transportation (taxi, maxi cab etc) ah meizu an awm leh awm loh an enfiah leh a. Dan bawhchhia mi 10 manin a hmunah pawisa chawitir nghal an ni. Anti tobacco squad hian chak zawka hmalak zel an tum bawk.

ding an nih hre reng turin an ngen.

Mei Zu 10 Man

13th Dec 2013 M.20 A.B

Nimin khan Anti Tobacco chuan squad drive neih chihunzawmin Office hrang hrang bakah Public Transportation (Taxi, Maxi Cab etc) ah meizu an awm leh awm loh an enfiah leh a. Dan bawhchhia mi 10 an man. An mi mante hi a hmunah pawisa an chawitir nghal zel a ni. Anti Tobacco Squad te hian chak zawka hma lak zel an tum a ni.