

WRITE UP FOR WORLD NO TOBACCO DAY' 2015

Khawvel pumah vaihlo (zuk leh hmuam) le a kaihhnawi avanga bawrhawmna leh harsatna tawh an pun chakem avangin hriselna kanga hma kan sawn zel theih nan World Health Organization chuan 31st May hi World No Tobacco Day ah a puang a. Kum tin khawvel pumpuiaah he ni hi vaihlo do ni atan urhsun taka hman thin a ni. World No Tobacco Day hian kaihhraina fel tak hnuaiyah khawvel huapa vaihlo do kawngah hmalakna tur kan mamawh dan ang zulzui zelin thupui (theme) siam/duan thin a ni a. Tun kum thupui (theme) atan pawh “Stop illicit trade of tobacco products (Dan lova Vaihlo, zuk leh hmuama sumdawna i titawp ang u)” –tih hi hman a niin thupui zul zui hian ram hrang hrangah hmalakna a awm chho zel a ni.

Kan thupui khi kan hmuh ang khian dan lova vaihlo, zuk leh hmuama sumdawna tihtawp chungchang a niin Mizoram tan pawh he thupui hi a pawimawh lehzual hle a ni. Kan hriat theuh angin dan lova vaihlo – a bik takin foreign cigarette kan ram thenawm Myanmar leh Bangladesh atangin a rukin nitin a rawn lut ruih ruih reng niin a lang a. Heng foreign cigarette te hi man tlawm zawka hmuh theih an nih thin avangin mipui vantlang tan lei a awlsam em em a, tin kum naupang zawkte pawhin tih ve chhinna hun remchang an neih awlsam phah theih avangin ti chhin an tam mai bakah hmang chhunzawm pawh an tam phah ni ngeiin a lang. Heng foreign cigarette te hi dan lova an lo luh mai bakah India ram chhunga vaihlo khuahkhirhna dan – COTPA 2003 (Section - 7 - Vaukhanna thu leh a lem, pictorial health warning tar ngei ngei tur) a bawhchhiat avangin a zu/ti mek tuten a that loh zia an hmuh thin chu a awm lova, chuvangin a tha lo lehzual a, dan bawhchhia an nih avangin dan angin man (seized) mai theih an ni.

Kan hriat theuh angin kan state ah hian gutkha, pan masala, zarda leh vaihlo leh nicotine telna reng reng eng chi mah zawrh phal a ni lova. Heng product zawrh hi dan khap a nih avangin kan state chhunga heng product hmanga sumdawna reng reng chu dan bawhchhiatna (illicit trade) an nih avangin tun kum WNTD theme denchhen hian heng product zawrh chungchangah hian chak lehzuala hma kan lak tlan a pawimawh hle a ni. Keimahni mai ni lo, kan tu leh faten hriselna tha zawk an rawn neih chhoh zel theih nan mahni awm hmun theuh atang pawhin mi tangkai tak kan ni thei a, hetiang a dan lova sumdawna kan lo hmu a nih chuan dan zawm tura hrilh mai bakah thuneitute hnenah pawh i thlen ngam ang u.

Tun dinhmunah hian Foreign cigarettes te Mizoram chhunga la lut tur hian dan anga phalna (Licence/permit etc.) nei tumah an awm loh avangin Mizoram chhunga foreign cigarettes awm zawng zawng hi chu dan phal loh a lo lut vek a ni kan ti thei ang. Dan lova lo lut an nih avangin chhiah (Tax) chawi tur ang te pawh engmah chawitir an ni lova, man tlawm zawk a lei/hmuh theih an nih thin avangin mi tam takin an lei nasat phahin mamawhna (demand) pawh a ti sang thin a ni. Dan lova lo lut, chhiah lak lohna leh pictorial health warning engmah chuang lova zawrh chhuah anih thin avang hian chak taka kan tih tawp/khuahkhirh a pawimawh em em a, lo la hmang/zu mek kan awm anih pawhin kan hriselna a tih chhiat leh zual theih dante, kan ram economy a khawih buai theih dan te thlir thiam takin kan sim a hun tak zet a ni.

Vaihlo leh a kaihnawih dan lova lo lut ru te hi rang leh chak taka kan khuahkhirh/ tih tawp loh chuan kan thalai naupang zawkte, vaihlo (zuk leh hmuam) in kan taksa a tihchhiat theih dan hre mumal loten an ching thar nasa in kan ram chhunga vaihlo hmang zat hi kan la pung chho zel ang tih pawh hlauhthawnawm thei bawk a ni. Kan hriat theuh angin tun dinhmunah hian 67.2% laiin Vaihlo kan la hman mek avangin Mizoram hi India ram pum mai ni lo,

khawvel hup pawhin vaihlo hmang nasa ber state kan ni mek a, India rama Cancer tamna ber state kan ni mek bawk a ni. Heti taka kan hman nasat avang leh vaihlo kaihawih natna leh thihna kan tawrh nasat em avang hian vaihlo dona kawngah hian mimal tinte uar leh zualin mahni theih ang tawkin i tang tlang ang u.

Sim duh, mahni a hlawhtling thei lote tan a tul anga puihna pek theih a niin heng a hnuai tarlan address ahte hian OPD inentir hun chhungin inthlahrung hauh lovin a kal theih a ni.

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3. O/o Mizoram State Tobacco Control Society

State Referral Hospital, Falkawn

Tin, hetu taka vaihlo hmang kan tam avang hian a hmang ve lo te pawhin nasa takin kan tuar a. Vantlang hmun hrang hrang ah mei khu hip tur a tam em avangin a zu ve lo te hriselna pawh nasa takin a khawih a ni. Puipunna hmuna meizuk khap na kawngah ke pen mek ni mahse, puipunna hmun hrang hrang a bik takin sorkar office ah te meizu hmuh tur an la awm a, department tin ten chak leh zual zawka hma kan lak theuh a pawimawh hle a ni. District hrang hranga Anti Tobacco Squad te hnenah pawh a tul angin harsatna (complaint) thlen theih a nih bakah keimahni hnathawhna hmun theuhte phei chu kan mawhphurhna liau liau a ni tih hre thar chungin theih tawpin dan kenkawhna kawngah hma sawn i tum ang u.

Thahnemngai taka kan tan rual chuan mipui vantlang hriselna lamah chak
takin hma kan sawn thei ngei ang.